



Don't forget your Loyalty Card!

EAST LEAKE TRADERS

www.eastleaketraders.co.uk



Facts you probably don't know about local Traders

July 2019

Summer Edition

... that Core Aquatics offer small group swimming lessons which provide quicker progression? Enquire with Nicole on 07505065184 or visit our website at coreaquatics.co.uk.

... that Lisa Twombly is introducing a new HiIT style a fun functional fitness class for all abilities & ages? Blitz the whole body; improve your cardio, tone your body & strengthen your core. Call Lisa Twombly on 07984 341655 for more information.

... that if you need a website but not the worry of keeping it up to date; Grasshopper-Hosting will put you online for much less than you might expect? Working from East Leake we offer a fully maintained service. Why not visit grasshopper-hosting.co.uk for details?

... that East Leake Traders now have sixty members, all of whom are local traders and businesses based in East Leake. We are very fortunate to have such a diverse and professional resource to call upon so remember - KEEP IT LOCAL and visit our website for details. ...

www.eastleaketraders.co.uk

Visit our Facebook page or find out more at www.eastleaketraders.co.uk



... that Sarah Perkins is a solicitor with over 15 years' family law expertise? Whether you are about to take that first step or are already involved in court proceedings she offers realistic advice. To find out more, email me at sjp@elvinmoore.com

... that Flourish Baby Massage and Yoga offer the perfect present for new or expecting parents? Our gift cards give an opportunity to learn something new, meet other parents and enjoy quality time with baby! Why not contact me at: flourishbabymassage@outlook.com?

... that language lessons with La Jolie Ronde are fun and engaging? We use puppets, songs, stories and games to make learning a foreign language effortless. Classes in East Leake Methodist Church on Wednesday afternoons. Find out more, email me at: hfclanguagetuition@gmail.com

... that Supergreens are now available? With 20 super veggies like broccoli, kale, spinach, spirulina it's a great top up to give you those essential vitamins and minerals. £37 RRP for 30 sachets. Message Debbie on 07967049961 to order. Aloe Ventures - Forever Living.

Visit our Facebook page or find out more at www.eastleaketraders.co.uk

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. . . . that Zeddy Productions, with offices here in East Leake, have produced promo videos and ads for giant brands and corporate companies? We produce beautiful films and animation. Fancy a cool film to promote your biz?

Email zoe@zeddyproductions.com for details.

. . . . that all visitors are welcome to come up to The Rushcliffe Golf Club whether you would like to play a round of golf or simply pop up for a bite to eat and enjoy the magnificent views on offer from our Clubhouse? Call us on 01509 852959 for details.

. . . . that we have a graphic designer on the team who can help you with branding, web design, or creating new advertising and promotional material? Just get in touch to see how we can help.

www.cloudartisans.co.uk

. . . . that The Greengrocer also stock pickled gherkins, roasted red peppers, capers, pickled baby peppers, pickled cayenne peppers and sun dried tomatoes? This is in addition to our popular extensive range of Mrs Darlington's jams, curds, pickles and chutneys. Why not call in or phone 07843 010638?

. . . . that you can now check availability and book your 3D Bodywork massage appointment online? Visit bit.ly/2uiZjri or the 3D Bodywork FaceBook page [@sportsmassage](https://www.facebook.com/sportsmassage) to follow the link.

Did you know?

Visit our Facebook page or find out more at www.eastleaketraders.co.uk

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. . . . that large format high resolution printing of your images is now available at Captcha Photography? Pop by the studio or send images to info@captcha.co.uk.

. . . . that the Olde Bakehouse Pet Shoppe now sell Zoe's pickles?..... pickled onions and lots of chutneys! We also have a new range of gifts for us humans. Our dog 'cool' range is now out in the Shoppe, cool coats to doggy ice cream and lots more!

. . . . that you don't have to go without when joining Slimming World? You can still enjoy your favourite meals; roast dinner, curry, lasagne, even a take away! Come and learn how, everyone welcome. Call Meg on 07792 943873.

. . . . that Google's Flowers can order a large selection of indoor and outdoor plants? If you are looking for a particular plant why not see if we can get it for you. Phone 01509 856157 for more details.

. . . . that F4F Events is part of Formula 4 Fitness. We host a trail run in Oct - The Night Trail, and a Women's Health & Fitness Day. Info about both events can be found here formula4fitness.co.uk/f4f-events

. . . . that the Nags Head is holding outdoor Open Mic Nights this summer? With Fresh Pizza from ZENZERRO's! Call us on 07814 122583 for more details.

Did you know?

Visit our Facebook page or find out more at www.eastleaketraders.co.uk